

# **Classical Homeopathy - Holistic Healing at the Soul Level**

**- by Dr. Stephen P. Weiss**

Are you in love with your life and your wife (husband/Mother)? Do you have the health & vitality to express your innate talents and gifts, as well as to fulfill your life's purpose? Do you even have the foggiest idea what your life's purpose might be? Do you feel whole, all parts working together in synchrony, without pain, anxiety, or other troublesome symptoms that rob your life force? TAKE A SIGH OF RELIEF! You're really not that different from the rest of humanity if you answered "No" to most or all of these questions. We think we're the only soul out of 6 billion that hasn't figured their life out or isn't thriving. That couldn't be further from the truth. The good news (in addition to the fact that most of humanity is just as confused as you are) is that there are safe, natural therapies which can profoundly impact your health and life in positive ways.

My adult life has been devoted to the study of a wide range of healing traditions. In Medical School at the University of Maryland School of Medicine, then during a 3 year residency in Family Practice, I busted my b\_\_\_ working 36 hour shifts and saw both the wonders of Modern Medicine as well as the pitfalls of a system that suppresses/covers up symptoms, overuses (& misuses) pharmaceutical drugs which are directly toxic to human life, and treats body parts rather than the whole person. I went on to study Craniosacral Therapy through the Upledger Institute, Ayurveda at the Ayurvedic Institute in Albuquerque, and Herbology with Dr. Tieraona Low Dog, world-renowned Herbal Medicine specialist. Dr. Low Dog & I eventually became partners at the Treehouse Center of Integrative Medicine, also in Albuquerque. As staff physician at the Schachter Center for Complementary Medicine in Sufferin, N. Y., I learned all about vitamins, minerals and nutritional supplements from Dr. Michael Schachter, past president of the American College for the Advancement of Medicine (ACAM). I incorporate all of these modalities in my private practice and each plays a pivotal role. Yet I see the greatest healing and transformation with Classical Homeopathic Medicine.

Homeopathy is both an exquisite art and a precise science. Having graduated from Jeremy Sherr's Dynamis School for Advanced Homeopathic Studies last year, I was blessed to study with one of the world's great homeopaths as well as someone who had me laughing hysterically one moment and shedding tears the next after a profound insight or while witnessing chronically ill patients have their health restored in a relatively short period of time. I've been known to shed a tear or two in my practice, when one of my patients has a similarly profound shift in their health and they are "back among the living" after sometimes years of great suffering.

Homeopathy is capable of healing you to your core because it doesn't treat symptoms. Those of you who know something about homeopathy must think I'm nuts writing this, because much of my day is spent painstakingly asking patients the exact nature of each and every one of their symptoms. Does your mother-in-law cause you to break precious

china, sob uncontrollably, space out or eat gallons of ice cream? If the latter is true, do you prefer rum raisin or chocolate? You say you have indigestion - can you be more specific? Do you feel like you're about to throw up the contents of your last meal all over the living room carpet like Rover did this morning? Are your burps of the disgusting sour, or disgusting rotten egg variety? Maybe your stomach feels blown up like a special shapes balloon and you have to tether your foot to the dining room table to prevent from participating in the Mass Ascension? (If you haven't guessed, I am writing this Balloon Fiesta Week).

Symptoms are signs of an imbalance at a deeper level of our being which can't be seen on an MRI or detected in a blood test because it is not physical in nature but is "spirit-like", as Samuel Hahnemann, founder of Homeopathy, described it. We use symptoms much like a hunter studies and follows tracks to find his prey. The more precise and individualized the symptom, the better the likelihood of success. Once the core energetic imbalance is understood and the correct single homeopathic remedy is administered, the patient achieves a new-found state of harmony at their core, and their many seemingly unrelated symptoms begin to fall away. The change is unmistakable, & I can see it the moment the patient walks into my office for their follow-up appointment. Usually their spouse/kids/parents/teachers/friends have already commented on the difference to them as well. And the icing on the cake is that homeopathic remedies are extremely safe (and affordable) when prescribed by a competent homeopath. You don't have to worry about dying of a heart attack from the pill you took for that sore shoulder (Vioxx) or dying of other heart problems from the pill your doctor gave you to shed those excess pounds (Phen Phen).

There is scarcely a condition that doesn't respond favorably to homeopathic care. That being said, emergency rooms are the best place for patients suffering from crushing chest pain with shortness of breath (Vioxx or non-Vioxx induced) or similar emergencies, broken bones and some life threatening infections. But the vast majority of other conditions respond beautifully to homeopathy. I have helped children and adults of all ages with such diverse conditions as ear infections, ADD/ADHD, behavior disorders, depression, Parkinson's, eczema, MS, heart failure, Crohns/Inflammatory Bowel Disease, Irritable Bowel, bladder and kidney infections, bronchitis, sinusitis, pneumonia, anxiety, panic attacks, PTSD, chronic fatigue, migraines, female disorders, thyroid and glandular disturbances, and the list goes on and on.

When a person experiences healing at a core or soul level, everything about them changes. Things that used to bug the hell out of them no longer seem to matter ("He must be having a bad day --- let me send him some light"). They smile and laugh a lot more. They quit taking things and themselves so seriously. They find the job of their dreams. Their spiritual life blossoms.

They make peace with themselves and with LIFE.

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